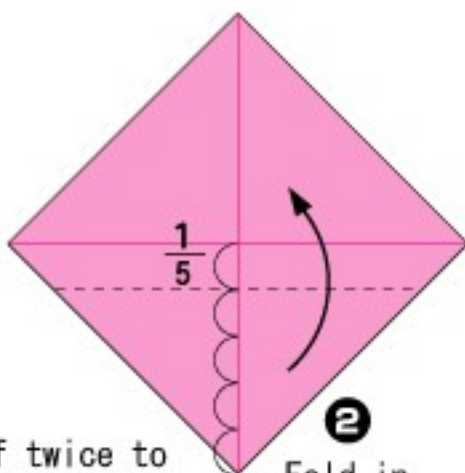
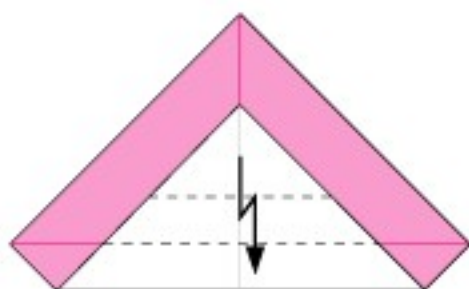


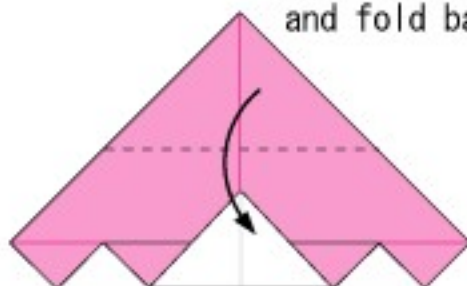
**1**  
Fold in half twice to  
make creases  
and fold back



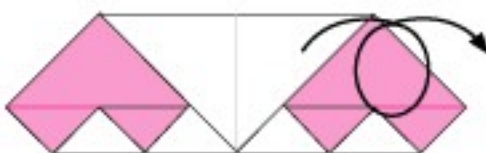
**2**  
Fold in  
the dotted line



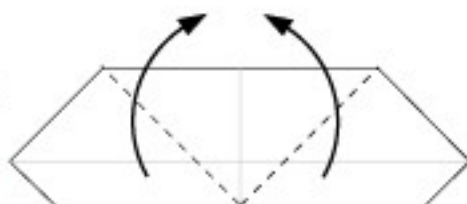
**3** Step fold in  
the dotted line



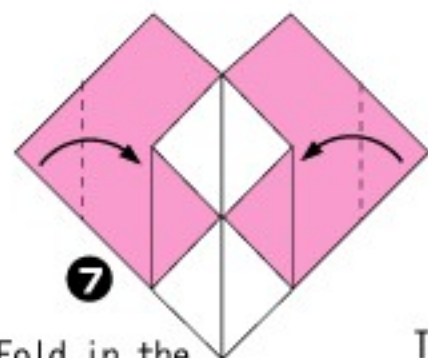
**4** Fold in the dotted line



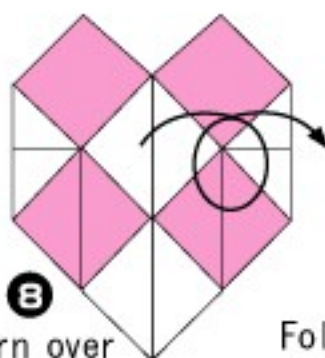
**5** Turn over



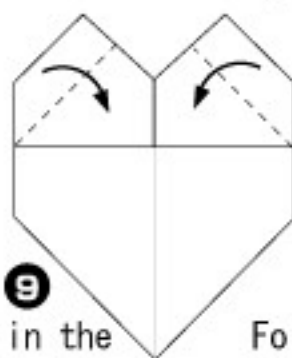
**6** Fold to meet  
the center line



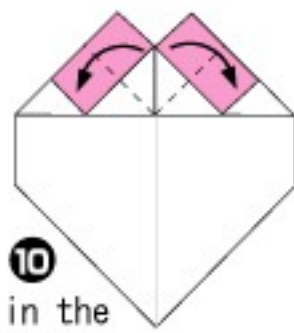
**7**  
Fold in the  
dotted line



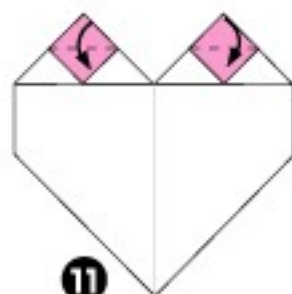
**8**  
Turn over



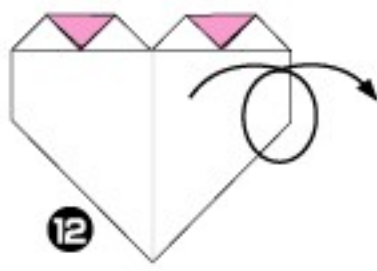
**9**  
Fold in the  
dotted line



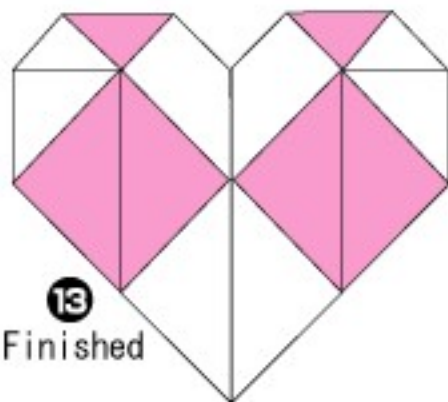
**10**  
Fold in the  
dotted line



**11**  
Fold in the  
dotted line



**12**  
Turn over



**13**  
Finished

# A Heart Check